



SSYC Adult Sailing Program 2024 Class Schedule and Prices

Program runs June 8 - July 31

Weekly classes held on Tuesdays, Wednesdays or Saturdays

Novice Sailors

Novice sailors with little or no sailing experience will receive instruction and sailing experience in the fundamentals of safety, rigging, launching, steering, sail handling, sailing upwind and downwind, tacking and jibing and docking.

Students require some physical agility for small boat sailing. Students will practice these skills on at the water in small boats with instruction from experienced sailors.

Intermediate Sailors

Students get instruction tailored to their needs to develop and build upon their sailing skills. More experienced sailors will be introduced to the finer points of sail trim, including understanding sail shape for various wind conditions and sea states. Crew weight and boat balance for optimal performance in various conditions. Students will practice coordination of helm and sheet, recognizing wind shifts, gusts and lulls and reacting to these changes.

Students require sufficient physical agility for small boat sailing, as they will practice these skills on the water in small boats with instruction from experienced instructors.

Schedule and Costs

- The program consists of eight classes offered on Tuesday or Wednesday evenings from 6p to 9p or on Saturday mornings from 9a-12p.
- Dates:
 - Tuesday, June 11 - July 30, 2024
 - Wednesday, June 12 - July 31, 2024
 - Saturday, June 8 - July 27, 2024
- The cost is **\$420.00** for non-members **\$294.00** for members. The Pricing for Novice and Intermediate programs are identical. SSYC Members should use the code “*ssycadultrmember*” when registering to obtain the discounted SSYC member price.

Private Lessons

Private one-on-one instruction for SSYC members can be arranged by contacting the the Adult Sailing program chair by email at adultsail@ssyc.us. Non members enrolled in our adult sailing class are invited to supplement their instruction and time on the water with private lessons. SSYC does not offer private lessons to non-members who are not participating in the Adult Sailing Programs.

For additional information about private lesson fees and the associated fees contact the the Adult Program chair at adultsail@ssyc.us